



PARENTS GUIDE TO SWIMMING CLASSES WITHIN THE KINGFISHER SCHOOL OF SWIMMING

UPDATED BY ANNE SELLARS 12TH JULY 2021

CONTENT:

1. INTRODUCTION

2. CONSIDERATIONS BEFORE COMING SWIMMING

3. WHEN ARRIVING AT THE POOL

4. AFTER THE LESSON HAS FINISHED

Introduction:

We look forward to welcoming you in bringing your child to learn to swim at the Kingfisher School of Swimming. During the recent months where we have had to make adaptations to the way we operate we have found some aspects have worked very well for us. The feedback we have had has been very positive and we would like to carry some of the better methods forward into our regular teaching programme.

We will operate with a maximum of 8/9 pupils in the deep end of the pool and 6/7 in the shallow end. The classes will then be split in half again with 4 / 5 or 3/4 children working each side of the pool. All children will be taught by a fully qualified instructor so the ratio will be 4/5:1 or 3/4:1. There will still be a lead instructor who will dictate the lesson format.

Below we have outlined some information for the term and what we believe to be areas you may wish to consider that makes the experience for your child a safe and positive one.

Considerations before coming swimming:

1. Bring your child in their costume ready for their lesson
2. 1 parent per child should come into the pool.
3. You may wish to continue wearing a mask in the building.
4. IF POSSIBLE leave all other siblings at home.
5. Arrive at the pool only 5 minutes before the lesson is due to start.
6. Consider bringing a towelling robe or onesie for your child to go home in to negate spending too much time in the changing rooms.
7. Make sure your child has used the toilet before he/she gets to the pool.
8. Ensure they have all the equipment they need for the lesson (hats and goggles)

When arriving at the pool:

1. Parking is available in front of the school (you would then walk through the 2 sets of double gates and across the playground to the pool). Parking is also available in the school playground immediately in front of the pool. This area is very limited in parking due to a new building being placed in the area.
2. When arriving and leaving the pool hand sanitizer is available.
3. Anyone walking onto poolside should place overshoes (available) over their outdoor footwear or remove their shoes.

We have noticed over the past year with the changes we had to make that without parents spectating the pupils were a lot more focused and the pool hall was a more relaxed and quieter environment for the pupils to learn. We have therefore introduced a 'no spectating policy' into our format. However parents of a new pupil may stay and view the lessons for the first 4 weeks. After this time we will ask you to leave the building. Of course if there are any issues we will let you know immediately

4. We do understand that as parents you want to see your childrens progress throughout the term so we have 2 watching weeks before the next assessment week. These are split as follows:

All shallow end groups (Beginners 1 – 3) will have their 2 watching weeks:

Saturday 18th – Wednesday 22nd September (during the first 4 weeks)

Saturday 23rd – Wednesday 27th October

All deep end groups (Beginner 4 and stroke classes) will have their 2 watching weeks:

Saturday 25th – Wednesday 29th September (during the first 4 weeks)

Saturday 30th October – Wednesday 3rd November

After the lesson has finished:

1. Showers will be available for use but shampoo and body wash should not be used. The showers are only for the use of rinsing off the chlorinated water.
2. Dress quickly (ideally in a onesie or toweling robe over a costume) and leave the building promptly to help reduce the amount of people in the changing areas at one time.

We hope this information helps you in decisions going forward. If anything changes before the start or indeed during the term we will of course contact you directly. Please be assured that your childrens safety is our utmost priority. If there are any questions at any time please do contact me.