

Est. 1997

Kingfisher

School of Swimming



**PARENTS GUIDE TO
SWIMMING CLASSES WITHIN
THE KINGFISHER SCHOOL OF
SWIMMING**

UPDATED BY ANNE SELLARS 16TH NOVEMBER 2022

CONTENT:

- 1. INTRODUCTION**
- 2. RULES WITHIN THE SCHOOL GROUNDS**
- 3. CONSIDERATIONS BEFORE COMING SWIMMING**
- 4. WHEN ARRIVING AT THE POOL**
- 5. AFTER THE LESSON HAS FINISHED**

Introduction:

We look forward to welcoming you in bringing your child to learn to swim at the Kingfisher School of Swimming. During the recent months where we have had to make adaptations to the way we operate we have found some aspects have worked very well for us. The feedback we have had has been very positive and we would like to carry some of the better methods forward into our regular teaching program.

We will operate with a maximum of 8/10 pupils in the deep end of the pool and 6/8 in the shallow end with 2 instructors per class. The classes will then be split in half again with 4 / 5 or 3/4 children working each side of the pool. All children will be taught by fully qualified instructors so the ratio will be 4/5:1 or 3/4:1. There will still be a lead instructor who will dictate the lesson format.

Below we have outlined some information for the term and what we believe to be areas you may wish to consider that makes the experience for your child a safe and positive one.

A few basic rules within the school grounds

1. The school grounds are a strict no smoking zone including the car parks.
2. No dogs are allowed in the school grounds.
3. Apart from the car parks all other areas of the school are out of bounds.
4. Please treat the area with respect

Considerations before coming swimming:

1. Bring your child in their costume ready for their lesson
2. 1 parent per child should come into the pool building as the area is quite small.
3. You may wish to continue wearing a mask in the building.
4. IF POSSIBLE leave all other siblings at home.
5. Arrive at the pool only 5 minutes before the lesson is due to start.
6. Consider bringing a towelling robe or onesie for your child to go home in to negate spending too much time in the changing rooms (these are small areas).
7. Make sure your child has used the toilet before he/she gets to the pool.
8. Ensure they have all the equipment they need for the lesson (hats and goggles)

Appropriate swimwear:

Please ensure that your child comes to lessons with the appropriate swimwear.

Girls should wear a one piece costume with shoulder straps (no off the shoulder costumes).

Boys should wear fitted trunks or shorts. No long shorts.

No T-shirts should be worn on the beach one piece costumes these are not suitable for swimming lessons as they hold water and create drag.

When arriving at the pool:

1. Parking is available in front of the school (you would then walk through the 2 sets of double gates and across the playground to the pool). Parking is also available in the school playground immediately in front of the pool. This area is very limited in parking due to a new building being placed in the area.
2. Cars should not be left with the engine running if parked in front of the pool.
3. Anyone walking onto poolside should place overshoes (available) over their outdoor footwear or remove their shoes.

We have noticed over the past year with the changes we had to make that without parents spectating the pupils were a lot more focused and the pool hall was a more relaxed and quieter environment for the pupils to learn. We have therefore introduced a 'no spectating policy' into our format.

However parents of new pupils may stay and view the lessons for the first 4 weeks. After this time we will ask you to leave the building. Of course if there are any issues we will let you know immediately

4. We do understand that as parents you want to see your children's progress throughout the term so we have 2 watching weeks before the next assessment week. These will be messaged to you during the term.

After the lesson has finished:

1. Showers will be available for use but shampoo and body wash should not be used. The showers are only for the use of rinsing off the chlorinated water.
2. Dress quickly (ideally in a onesie or towelling robe over a costume) and leave the building promptly to help reduce the amount of people in the changing areas at one time.

We hope this information helps you in decisions going forward. If anything changes before the start or indeed during the term we will of course contact you directly. Please be assured that your children's safety is our utmost priority. If there are any questions at any time please do contact us.